



NEWS RELEASE

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Stratabound Drills High-Grade Massive Sulphides on Captain North Extension

CALGARY, ALBERTA, January 14, 2010 - Stratabound Minerals Corp. is pleased to announce assay results received from the first of four holes drilled recently on its 100%-owned CNE Mining Lease near Bathurst, New Brunswick. The property is situated 20 kilometres south of Xstrata's Brunswick No. 12 Mine, the world's largest underground zinc deposit, and 10 kilometres east of Heath Steele Mines, a major past producer. The hole encountered wide intervals of ore-grade massive sulphide mineralization carrying zinc, lead, silver, and gold, including significant widths of very high grade material, within a 57 metre mineralized zone.

CNE-09-01

From Metres	To Metres	Interval Metres	Zinc %	Lead %	(Zn+Pb) %	Silver g/t	Gold g/t
13.5	71	57.5	3.25	1.04	4.29	31.1	0.25
incl							
13.5	36	22.5	5.57	2.10	7.67	66.8	0.30
incl							
13.5	15	1.5	18.37	8.00	26.37	220.3	0.82
& incl							
24.5	34.5	10	8.56	3.16	11.72	104.3	0.40
incl							
26	30	4	13.51	3.67	17.18	156.0	0.27
& incl							
61.5	67.5	6	8.16	1.90	10.06	24.2	0.29
incl							
63.5	66.5	3	13.82	3.66	17.48	38.8	0.35

The hole was collared 50 metres southwest of the reclaimed CNE pit, from which Stratabound delivered 39,000 tonnes of massive sulphide ore to Noranda's Heath Steele Mine between 1990 and 1992 for custom milling, with production grades of 9.97% zinc, 4.42% lead and 134.7 g/t silver.

The hole was inclined at 45 degrees and drilled from west to east. After passing through 13.5 metres of overburden, the drill encountered very high grade mineralization, and it is highly probable that an unknown extent of mineralized rock is present west of this hole and southwest of the old pit.

Precious metal credits are an important component of the mineralized zone. For example, the peak silver assay is 652.0 g/t (19.0 oz/ton) from 28.0m to 28.5m. Best gold interval is 32.0m to 39.0m, averaging 1.02 g/t, with a peak value of 2.05 g/t.

Assays are pending on eight more holes on the Captain and CNE claims. These include three follow-up holes to CNE-09-01 on the Mining Lease; the deepest hole to date (CP-09-26) on the Captain copper-cobalt deposit, located 1.6 kilometres south of the CNE drillholes; and four scout holes on untested geophysical anomalies elsewhere on the claims.

The three follow-up holes on the CNE Mining Lease have intersected significant base metal massive sulphide mineralization, and confirm the potential extension of the mineralized zones. The deep Captain hole is also well mineralized, and extends the deposit down the dip for at least 125 metres.

The Company is of the view that the terrain surrounding and between the CNE and Captain deposits is highly prospective, as are the deposits themselves, and in view of strengthening metal prices Stratabound's holdings are of strategic importance to the Bathurst Camp.

Exploration of the CNE and Captain properties is under the supervision of John Duncan, P.Geo. Drill core is securely stored at Stratabound's core shack facility in Bathurst. Analysis of half core samples is done by Eastern Analytical Limited of Springdale, Newfoundland. Stratabound has Quality Control and Quality Assurance protocols in place for drill core that include blank samples, duplicate samples, certified standards and third party check samples.

Exploration has been partly funded by a grant awarded to Stratabound under the Province of New Brunswick's Junior Mining Assistance Program.

The technical information contained in this release has been reviewed by John Duncan, P.Geo. and Stan Stricker, P.Geol., Qualified Persons as defined in National Instrument 43-101.

About Stratabound Minerals Corp.

Stratabound is a Canadian natural resource company exploring and developing 100%-owned gold and base metal properties in eastern Canada. It is currently focused on building a resource base in the infrastructure-rich, world-class Bathurst Mining District of northern New Brunswick. Further information can be found on the Company's website www.stratabound.com.

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The TSX Venture Exchange has not reviewed and does not accept responsibility for the adequacy or accuracy of this release.

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